

Teacher Name: Ann Marie Mantha

Subject: Physical Education

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Grade Level: Grade 6

Course Description:

In Physical Education class, students will learn to perform movement skills in different physical activity settings, to interact with others in different physical activity settings and to adopt a healthy, active lifestyle.

Course Content:

Term 1: August 30 th – November 4 th		20 % of year
Content	Timeline (Dates)	Evaluation Methods
<p>Active participation: Fair play, participate regularly, safety</p> <p>Exploring movement</p> <ul style="list-style-type: none"> Variety of tag games Active games Throwing and catching skills Precision skills <p>Low organization games</p> <ul style="list-style-type: none"> Dodgeball Scooter Soccer Floor Hockey Soccer baseball 	September - November	<ul style="list-style-type: none"> Observation Checklists Participation/Attitude Rubrics Effort <p>Students will be evaluated based on the rubric found below for the Physical Education Portion of the term. (80%) The health portion will be evaluated through assignments and quizzes. (20%)</p>
Term 2: November 4 th – February 23 rd		20 % of year
Content	Timeline (Dates)	Evaluation Methods
<p>Active participation: Fair play, participate regularly, safety</p> <p>Cooperative games (indoor/outdoor)</p> <ul style="list-style-type: none"> Soccer Basketball Yoga Cicuits <p>Low organization games</p> <ul style="list-style-type: none"> Dodgeball Cross country skiing Snowshoeing Floor Hockey 	November - February	<ul style="list-style-type: none"> Observation Checklists Participation/Attitude Rubrics Effort <p>Students will be evaluated based on the rubric found below for the Physical Education Portion of the term. (80%) The health portion will be evaluated through assignments and quizzes. (20%)</p>

Term 3: February 24 th – June 22 nd		60 % of year
Content	Timeline (Dates)	Evaluation Methods
<p>Active participation: Fair play, participate regularly, safety</p> <p>Track and field activities</p> <p>Low organization games</p> <ul style="list-style-type: none"> • Dodgeball • Cross country skiing • Snowshoeing • Floor hockey <p>Cooperative games (indoor/outdoor)</p> <ul style="list-style-type: none"> • Soccer • Basketball • softball • Yoga <p>Skill building activities</p> <ul style="list-style-type: none"> • Ultimate Frisbee • Capture the flag • Volley Ball • Tennis 	February - June	<ul style="list-style-type: none"> • Observation • Checklists • Participation/Attitude • Rubrics • Effort <p>Students will be evaluated based on the rubric found below for the Physical Education Portion of the term. (80%) The health portion will be evaluated through assignments and quizzes. (20%)</p>
RESOURCES USED:		

Course content & timelines may be adjusted as the year progresses to meet the needs of the students

Communication:

Students will be provided with a minimum of 4 communications throughout the school year.

- October 15th – Progress report
- November 20th – 1st term report card
- March 15th – 2nd term report card
- July 10th – Final report card

General Information

	20	16	12	8	4	0
Engagement and Effort	Student is consistently actively engaged throughout all parts of the lesson, including warm-ups.	Student is very frequently engaged throughout all parts of the lesson, including warm-ups.	Student is often actively engaged throughout all parts of the lesson, including warm-ups.	Student is sometimes actively engaged throughout all parts of the lesson, including warm-ups.	Student is rarely actively engaged throughout all parts of the lesson, including warm-ups.	
Attitude	The student consistently demonstrates respect towards themselves, other students, teacher, and equipment	The student very frequently demonstrates respect towards themselves, other students, teacher, and equipment	The student often demonstrates respect towards themselves, other students, teacher, and equipment	The student sometimes demonstrates respect towards themselves, other students, teacher, and equipment	The student rarely demonstrates respect towards themselves, other students, teacher, and equipment	
Development	The student consistently attempts to apply knowledge gained.	The student very frequently attempts to apply knowledge gained.	The student often attempts to apply knowledge gained.	The student sometimes attempts to apply knowledge gained.	The student rarely attempts to apply knowledge gained.	