

**Teacher Name:** *Meghan McLellan*  
**Email:** [mmclellan@wqsb.qc.ca](mailto:mmclellan@wqsb.qc.ca)

**Subject:** *Physical Education*  
**Grade Level:** *Grade 2*

**Course Description:**

Students will explore and refine their movement skills, improve their abilities to interact with others during physical education classes, and learn about the aspects of healthy lifestyles.

**Course Content:**

Term 1: August 30 <sup>th</sup> – November 4 <sup>th</sup>		20 % of year
Content	Timeline (Dates)	Evaluation Methods
Interacting appropriately with others in a physical education setting	September	Participation & Engagement Cooperation & Sportsmanship Safety & Attitude Skill Development *see rubric
Following rules and routines of the gym		
Concepts of personal space	October	
Cooperative/Team Games Curling		
Term 2: November 4 <sup>th</sup> – February 23 <sup>rd</sup>		20 % of year
Content	Timeline (Dates)	Evaluation Methods
Interacting appropriately with others in a physical education setting	November/December	Participation & Engagement Cooperation & Sportsmanship Safety & Attitude Skill Development *see rubric
Aspects of a Healthy Lifestyle (Fitness, flexibility/yoga) Cooperative Games		
Means of Movement/Motor Skills (skating, snowshoeing, skiing) Outdoor Education	January/February	
Term 3: February 24 <sup>th</sup> – June 22 <sup>nd</sup>		60 % of year
Content	Timeline (Dates)	Evaluation Methods
Interacting appropriately with others in a physical education setting	February/March	Participation & Engagement Cooperation & Sportsmanship Safety & Attitude Skill Development
Aspects of a Healthy Lifestyle		

Manipulation Skills (throwing, dribbling, kicking)	April	*see rubric
Gross Motor Skills (running, jumping, skipping, etc)	May	
Cooperative Games/Teamwork	June	
<b>RESOURCES USED:</b>		

\*Course content & timelines may be adjusted as the year progresses to meet the needs of the students\*

**Communication:**

Students will be provided with a minimum of 4 communications throughout the school year.

- October 15<sup>th</sup> – Progress report
- November 20<sup>th</sup> – 1<sup>st</sup> term report card
- March 15<sup>th</sup> – 2<sup>nd</sup> term report card
  - July 10<sup>th</sup> – Final report card

<b>Participation &amp; Engagement</b>	Student participates throughout and is actively engaged in the activity	Student participates and is actively engaged for most of the activity	Student participates and is engaged for parts of the activity	Student participates for a small portion of the activity	Student does not participate and/or refuses to participate in the activity
<b>Cooperation &amp; Sportsmanship</b>	Student interacts well with peers and frequently displays cooperation, teamwork and sportsmanship skills	Student interacts well with peers and consistently displays cooperation, teamwork and sportsmanship skills	Student interacts well with others for most of the activity and demonstrates some cooperation, teamwork and sportsmanship skills	Student has difficulty interacting with others and rarely shows cooperation, teamwork and/or sportsmanship skills	Student has difficulty interacting with others appropriately and does not show cooperation, teamwork and/or sportsmanship skills
<b>Safety &amp; Attitude</b>	Student consistently follows the rules of the gym and/or activity and has a positive attitude throughout the class	Student frequently follows the rules of the gym and/or activity and has a positive attitude	Student has some trouble following the rules of the gym and/or activity or has a negative attitude towards the activities	Student does not follow the rules of the gym and/or activity and displays a negative attitude	Student does not follow the rules of the gym and can put other students in danger. Student has a negative attitude towards the activity
<b>Skill Development</b>	Student consistently attempts to master the skills	Student frequently attempts to master the skills	Student often attempts to master the skills	Student sometimes attempts to master the skills	Student rarely attempts to master the skills or does not attempt the skills