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**Subject:** Sports and Leisure  
**Course Code:** 614-444

**Course Description:**

The Sports and Leisure course is focused on the development of students through participation in outdoor education, team building, leadership opportunities, and philanthropy. The opportunities, activities and trips in which students may be participating this year are roughly outlined below. These are subject to change based on factors such as weather, space availability, Covid-19 protocols and regulations etc...

**Course Content:**

Term 1: August 30 <sup>th</sup> – November 4 <sup>th</sup>		20 % of year
Content	Timeline (Dates)	Evaluation Methods
<ul style="list-style-type: none"> <li>• Canoeing (clinic and race)</li> <li>• Hiking</li> <li>• Scavenger Hunt</li> <li>• Team-building and leadership</li> <li>• </li> </ul>		Students are evaluated for each activity based on the attached rubric.
Term 2: November 7 <sup>th</sup> – February 3 <sup>rd</sup>		20% of year
Content	Timeline (Dates)	Evaluation Methods
<ul style="list-style-type: none"> <li>• Skating</li> <li>• Winter Bake-off</li> <li>• Philanthropic activity</li> <li>• Skiing</li> <li>• Winter Camping</li> </ul>		Students are evaluated for each activity based on the attached rubric.
Term 2: February 6 <sup>th</sup> – June 22 <sup>rd</sup>		60 % of year
Content	Timeline (Dates)	Evaluation Methods
<ul style="list-style-type: none"> <li>• Curling</li> <li>• Chopped challenge</li> <li>• Amazing Race</li> <li>• Spring Camping</li> <li>• Cultural Activities</li> <li>• Golf</li> </ul>		Students are evaluated for each activity based on the attached rubric.

\*Course content & timelines may be adjusted as the year progresses to meet the needs of the students\*

**Communication:**

Students will be provided with a minimum of 4 communications throughout the school year.

- October 15<sup>th</sup> – Progress report
- November 20<sup>th</sup> – 1<sup>st</sup> term report card
- March 15<sup>th</sup> – 2<sup>nd</sup> term report card
- July 10<sup>th</sup> – Final report card

**General Information**

**Behaviour Expectations:** In order for each student to feel safe and comfortable in Sports and Leisure a respectful attitude is expected of all. This includes respecting one another, the learning environment, and the behaviour expectations for the activity. Students are expected to take an active role in their learning by attending activities, participating, and demonstrating a positive attitude. Students will have many opportunities to participate in activities outside of the school and are ambassadors of Maniwaki Woodland when doing so.

**Safety:** Students are expected to follow the general safety rules at all times in any Sports and Leisure setting. Students who are behaving in a manner that is unsafe to themselves or their classmates will be removed from the day's class or event.

**Equipment:** Students are responsible for treating the equipment that they use with respect. If equipment is broken or damaged, the student is responsible for replacing it or paying the replacement fee. When in doubt, they should ask the teacher to confirm that they are using equipment appropriately.

### Sports and Leisure Grading Rubric

	25	20	15	10	5	0
Engagement	Student is consistently actively engaged throughout all parts of the activity.	Student is very frequently engaged throughout all parts of the activity.	Student is often actively engaged throughout all parts of the activity.	Student is sometimes actively engaged throughout all parts of the activity.	Student is rarely actively engaged throughout all parts of the activity.	
Attitude	The student consistently demonstrates a positive attitude and respect towards themselves, other students, teachers, and equipment	The student very frequently demonstrates a positive attitude and respect towards themselves, other students, teachers, and equipment	The student often demonstrates a positive attitude and respect towards themselves, other students, teachers, and equipment	The student sometimes demonstrates a positive attitude and respect towards themselves, other students, teachers, and equipment	The student rarely demonstrates a positive attitude and respect towards themselves, other students, teachers, and equipment	
Initiative	The student takes accountability for the success of an activity and encourages peers to contribute.	The student offers assistance and contributes to class responsibilities.	The student does not take initiative but completes tasks when asked to by a supervisor.	The student does not take initiative and requires several prompts to contribute to the class.	The student does not contribute to the completion of class responsibilities.	
Rules and Procedures	The student consistently follows rules, procedures and etiquette when participating in the activities.	The student very frequently follows rules, procedures and etiquette when participating in the activities.	The student often follows rules, procedures and etiquette when participating in the activities.	The student sometimes follows rules, procedures and etiquette when participating in the activities.	The student rarely follows rules, procedures and etiquette when participating in the activities.	